FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
OMB Number:	3235-0287								
Estimated average burden									
hours per response	0.5								

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 193
or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*  MATHIESEN JEFFREY S					<u>H</u>	2. Issuer Name and Ticker or Trading Symbol HELIUS MEDICAL TECHNOLOGIES, INC. [ HSDT ]								eck all appli Directo	,		on(s) to Issu 10% Ow Other (s	ner
(Last)	(F	irst)	(Middle)		3 [	Date of Earliest Transaction (Month/Day/Year)								A below)	CFO and	Tros	below)	
C/O HELIUS MEDICAL TECHNOLOGIES, INC.					05/23/2022									CI'O allu	i iica	Suiti		
642 NEV	WTOWN YA	ARDLEY ROAI	O, SUITE	100	<u> </u>												(0)	
(Street)	OWN PA		18940		_   4.1	if Ame	enament, I	Date o	of Original Fi	led (N	Month/Da	ay/Year)	Lin	,	·	Ü	rting Persor	
					-									Form f Persor		e than	One Repor	ting
(City)	(S	tate)	(Zip)															
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																	
1. Title of Security (Instr. 3)  2. Transa Date (Month/D				Execution Date, Transaction		Transact Code (In:	Transaction Disposed Of (D) (Instr. 3, 4				Benefici Owned F	es ally Following	Form: (D) or	Form: Direct D) or Indirect I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership			
						, ,	Amount	(A) or Price		Transact	Reported Transaction(s) (Instr. 3 and 4)			(Instr. 4)				
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																	
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)		4. Transaction Code (Instr 8)				6. Date Exercisab Expiration Date (Month/Day/Year)		of Securities		ies g Security	8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	illy	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Date Exercisable		piration te	Title	Amount or Number of Shares					
Stock Option (Right to Buy)	\$4.68	05/23/2022			A		37,000		(1)	05/2	/22/2032	Common Stock	37,000	\$0	37,000	)	D	

## **Explanation of Responses:**

1. Grant to the Reporting Person of a stock option to purchase 37,000 shares of common stock under the Issuer's 2022 Equity Incentive Plan. Vests as to 6,170 shares on June 30, 2022, with the remainder vesting in 10 equal amounts on the last day of each fiscal quarter thereafter.

/s/ Jeffrey Mathiesen

05/25/2022

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.